**New Jersey Hypnosis Training**

***Mindful Hypnosis***

**Client Bill of Rights and Consent for Services**

My name is Russell Williams.

I was trained and received my certification in hypnotism at the Hypnosis Center of South Jersey, in Mount Laurel, New Jersey as a Consulting Hypnotist. I am a member of that certifying organization, the National Guild of Hypnotists. I also hold membership in the International Certification Board of Clinical Hypnotherapy and the International Medical and Dental Hypnotherapy Association.

As a member of all three organizations, I practice in accordance with their Code of Ethics and Standards. I do annual continuing education to maintain my training at a high level, and have received advanced training and certifications, including Certified Hypnosis Instructor and Medical Hypnotherapist.

The State of New Jersey has not adopted educational and training standards for the practice of hypnotism. Hypnotism is a self-regulating profession and its practitioners are not licensed by state governments. I am not a physician or a licensed health care provider and may not provide a medical diagnosis or recommend any type of treatment or the discontinuance of medically prescribed treatments. If you desire a diagnosis or any other type of treatment from a different practitioner, it is urged that you seek such services from a healthcare provider.

I will not release any information to anyone without written authorization from you except as provided for by law. You have the right to be allowed access to my written records and notes concerning you and your sessions.

I believe hypnosis is a sacred partnership between you and me. I hold that trust just as I would any pastoral relationship. My approach is a combination of mindfulness and hypnotism – *mindful hypnosis*. Ormond McGill (who was considered to be the “Dean of American Hypnotists”) once stated: “The purpose of the mind is to create.” The mind can create from our subconscious thoughts or from our conscious thoughts; by learning to recognize the mind’s ability to create, we can begin to produce various aspects of our life in new ways.

From our inception, we have provided personal hypnosis without anyone ever being charged or receiving a bill. We rely solely on the generosity of others to offer the most current, state of art techniques available.

**Client Acknowledgment:** I have read and understand this Client Bill of Rights. I desire to be guided into hypnosis (and offered other adjunct modalities) and consent to such services offered by Russell Williams.

Client name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Today’s date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\* While a suggested minimal donation of $60 per session allows us to continue helping others, there is no fee for my services. As an ordained minister consulting within the framework of a ministry, I do not charge for my services. Any contribution you may desire to make to this ministry is strictly voluntary and in no way will affect – positively or negatively – your access to my services.